



# Lanes & Frames

Your GFUSBC Newsletter

[www.gfusbca.org](http://www.gfusbca.org)

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## Your GFUSBC 2<sup>nd</sup> Annual Meeting is just around the corner

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The Greater Fredericksburg USBC is holding the Associations 2<sup>nd</sup> Annual meeting at Fredericksburg AMF on Saturday, April 28, 2007. **The Meeting starts at 1:00 PM. Registration begins at 12:00 noon.** There will be door prizes and light refreshments. Plan to be at this most important meeting.

This meeting is loaded with information about events that association members need to know about and be a part of. Here are a few.

The two-year term is up for several positions on the board. The positions that need to be filled are President, 2<sup>nd</sup> Vice President, Sergeant At Arms, one adult director and two youth directors. These offices need to be filled through re-election of incumbents or election of new candidates. There are also several positions to be filled for delegates to the various National and State Annual meetings.

Awards for event winners in the Senior, Women's Championship, Open Championship and Youth Tournament will be presented during this meeting (See tournament results and page five for the names of the Champions).

You will get information about the Association's financials. You can see and ask questions about where and how your money is spent. Information will also be

provided about what the various committees are working on to make the GFUSBC a more efficient association in order to improve bowling in our leagues and centers. If you are thinking of becoming involved in your association's operation, brief committee reports will provide useful data to help you decide where to offer your talents. The Association always has a need for volunteers and enjoys the new ideas and energy they bring to the table.

"New Business" is your opportunity to state any of your concerns, make proposals and offer suggestions.

### See you there!!

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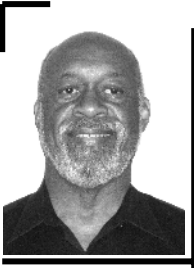
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# Meet the GFUSBC Board of Directors.

This week – Antwine



Hello,

My name is Morris Antwine but most people just call me Antwine. I am a recent GFUSBC Association board member by way of being the GFUSBC Youth Committee Chairman. My family and I have lived in the Stafford area since 1990. Prior to that my wife Beverly and I lived in California, she in south, while I had lived in both the southern and northern parts of the state. In 1985 I moved to Springfield, VA and Beverly relocated to Washington, DC and then on to Springfield in 1988. We met each other while working for the Navy in Crystal City at Arlington, VA. I retired this past February after 31 years of federal service.

I served, and was honorably discharged from the U. S. Air Force. I worked a total of twelve years as a California State Employee, first as a Psychiatric Technician and nine years as a California Highway Patrol Traffic Officer. Then, I worked five years in Lockheed Corporation before becoming a federal employee in 1980. During these life-changing events, I graduated from the University of California Riverside with a BA in political science and attended law school for two years.

I was recently voted in as the GFUSBC Youth Committee Chairman and currently serve as your Youth Association Director. I have become reacquainted with the sport of bowling by way of teaching my fourteen-year-old son the basic skills and knowledge of the sport since he was six-years old. I have been bowling since my teenage years and enjoy the companionship, exercise and discipline of the sport. I have successfully completed both the Level I and Level II USBC Coaching Courses and use the lessons learned to hone my son’s bowling knowledge and skills.

As your Youth Association Director, my goal is to encourage more youth, with their parent’s support and encouragement, to become engaged in team and tournament bowling events. This next level of bowling will enable the youth to better hone and develop their bowling skills, understand the sport and broaden their circle of friends whom they may later meet in school, college or life. My personal goal is to bowl my first perfect game.

Good luck and good Bowling,

Antwine

.....  
Check out the GFUSBC Honor Board next to the league bulletin board at AMF. Tthen go out and roll a set or game and get your name included.

**Honor Scores from February to date. VERY COOL**

Tip your hat and shake his hand when you see him. On February 13, **DAVE TOMLIN** rolled an 820 series at AMF including a 300 game. Well Done Dave.

These bowlers did their part to pump up the excitement at our bowling centers:

**300:** Eric Brown, Andre’ Preston, Jon Cunningham, Greg Wilhelm and Bill King Sr.

**299:** Rob Denhoff, John Zentner, Greg Wilhelm and Steve Gauger.

## Open Championship Results

**The Greater Fredericksburg USBC 2<sup>nd</sup> Annual Open Championship** - Held at Liberty Lanes Massaponax 2007. The following teams, doubles and singles bowlers finished in the money:

### Team Handicap

**1<sup>st</sup>** – RDM Painting (Steve Gauger, Robert McMillan, Doug Dickerson, Jim Wolfe).

**2<sup>nd</sup>** – Bite Me Bandits

**3<sup>rd</sup>** – Petty

**4<sup>th</sup>** – Deborah's Raiders

**5<sup>th</sup>** – Four Stars

**6<sup>th</sup>** – BRADY

**7<sup>th</sup>** – Count on Us

### Doubles Handicap

**1<sup>st</sup>** – Claudia & Bud Adams

Others placing and listed in order are:

Edgar Yates & Taryn Chambers, David Mathews Sr. & Jerrel Rollins Jr., Jon Blanton & Paul Rumbaugh, David Mathews Jr. & Marclay Herron, Michael Burton & David Brady, Mark Elliot & John Fillis, Rox Ann Artzer-Crowder & Dennis Crowder, Robert Stein & Angela Sullivan, Ronnie Mills & Kevin Crawford, Brenda McGowan & Josh Badillo, Shelley Surfer & Jason Luthle

### Singles Handicap

**1<sup>st</sup>** – Brendan McGowan

Others placing and listed in order are:

John Fillis, Larry Roath, Jon Blanton, Mu Chon, Kathy White, Larry Crawford, Gerald Charwood, Ronnie Mills, Nell Allen-Rollins, Diane Besorak, Angela Sullivan, Deborah Jones, Claudia Adams, John Garnet, Brandon Blanton, Cory White, Judith Whitt, Terry Holloway, Barbara Brookman, Rox Ann Artzer-Crowder, Jennifer Myers, Terry Lucas, Kenneth Howard

### All Events Handicap

**1<sup>st</sup>** – Jon Fillis

Others placing and listed in order are:

Ronnie Mills, Jon Blanton, Diane Besorak, Claudia Adams, Mu Chon, Angela Sullivan, Larry Crawford, Bud Adams, Brandon Blanton, John Garnett, Dawn Allison, Lynn Speight, Rox Ann Artzer-Crowder

### Team Scratch

**1<sup>st</sup>** – RDM Painting (Steve Gauger, Robert McMillan, Doug Dickerson, Jim Wolfe)

**2<sup>nd</sup>** – Uncle Paul's Crew

**3<sup>rd</sup>** – Bite Me Bandits

### Doubles Scratch

**1<sup>st</sup>** – Jon Blanton & Paul Rumbaugh

Others placing and listed in order are:

Doug Dickson & Jim Wolfe, Steve Gauger & Robert McMillan

### Singles Scratch

**1<sup>st</sup>** – Larry Roath

Others placing and listed in order are:

Jon Blanton, John Fillis, Larry Crawford, Kevin Crawford, Robert McMillan, Terry Holloway

### All Events Scratch

**1<sup>st</sup>** – Jim Wolfe

**2<sup>nd</sup>** – Jon Blanton

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## Results of the Youth Championship

### Tournament



Congratulations to all the participants and winners in the 2<sup>nd</sup> Annual GSUSBC Youth Championship. Check out the winners:

#### Team, 11 & Under - Handicap

1<sup>st</sup> – The Alley Cats I (Rachel Arnold, Desiree Johnson, Hannah Arnold, Nicole Douglas)

#### Team, 12 & Up - Handicap

1<sup>st</sup> – We Need A Name (Corey Chatham, Timothy Schlang, Randy Lewis, Mitch Gilbert.

2<sup>nd</sup> – Wow (Austin Smith, Ryan Smith, Michael Tipton, Jamie Jones)

3<sup>rd</sup> – 9 Or More (Jonathan McDonald, Brittani Reynolds, Justin McDonald, Taylre Gunn)

#### Doubles, 11 & Under Handicap

1<sup>st</sup> – Nicole Douglas & Hannah Arnold

2<sup>nd</sup> – Amber Bair & Justin Mowry

#### Doubles, 12 & Up Handicap

1<sup>st</sup> – Travis Payne & Sean Burton

2<sup>nd</sup> – Randy Lewis & Mitch Gilbert

3<sup>rd</sup> – Thomas Brady & William Symanowski

4<sup>th</sup> – Amy Spence & Justin Spence

5<sup>th</sup> – Teresa Chada & Brittany Judd.

#### Singles, 11 and Under Handicap

1<sup>st</sup> – Justin Mowry

2<sup>nd</sup> – Hannah Arnold

3<sup>rd</sup> – Nicole Douglas

4<sup>th</sup> – John Woodburn

#### Singles, 12 & Up Handicap

1<sup>st</sup> – Bryan Vandanna

2<sup>nd</sup> – Mitch Gilbert

3<sup>rd</sup> – Jacob Charlwood

3<sup>rd</sup> – Jamie Jones

#### Singles, 12 & Up Handicap cont.

5<sup>th</sup> – Joshua Falcetti

6<sup>th</sup> – Timothy Schlang

6<sup>th</sup> – Chelsea Mills

8<sup>th</sup> – Corey Chatham

#### Singles, 149 & Under Scratch

1<sup>st</sup> – Joshua Falcetti

#### Singles, 150 & Up Scratch

1<sup>st</sup> – Brian Radtke

#### All Events, 11 & Under Handicap

1<sup>st</sup> – Hannah Arnold

2<sup>nd</sup> – Justin Mowry

3<sup>rd</sup> – Nicole Douglas

#### All Events, 12 & Up

1<sup>st</sup> – Timothy Schlang

2<sup>nd</sup> – Corey Chatham

3<sup>rd</sup> – Mitch Gilbert

4<sup>th</sup> – Chelsea Mills

5<sup>th</sup> – Jamie Jones



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# Bowling Tidbits & Cool Stuff

The last couple of months have produced many unusual bowling feats that I have observed or that have been provided by your league secretaries. Check these out:



Have you ever made a 7-10 split? I am sure we all groan when this leave comes up. But once in a while some of us get lucky. These bowlers made the 7-10 during the last couple of months

**Steve Gauger, Ronda Weatherhead, and Bill Hagerman**



Not as difficult as the 7-10 split but still rare is the triplicate score. Hear are a few folks that accomplished this bowling feat.

**Robert Holbert, Linda Brooks, Larry Roath  
Jennifer Myers**

## The Bowlers Edge

In bowling, visualization and positive imagery are powerful mental game techniques. These concepts program the mind and set the tone for your next delivery. This technique is called the "line in your mind."

Imagine your ball path as a line drawn on the lane surface. In your stance, visualize a line beginning at the foul line (your release point) extending though your target on the lane and then into the pocket. Picture that line, relax and roll the ball down that path. To make this stand out in your mind, make that line your favorite color.

For more tips, check out the [tip index](#) on

[Bowl.com](#) or see your local USBC certified coach.

[Annual Meeting Tournament Award Presentation List](#)

### Senior Tounament

Charles Husted  
Dick Hagaman  
Marcella Focht  
Pauline Husted  
Nancy Yeatts  
Bobby Phillips  
Denise Wright  
Lee Wright  
James Faircloth  
Judith Whitt  
Jackie Allen  
Norma Wise  
Edgar Yates  
Joe Kusina

### Women's Championship

Deborah Shoemaker  
Vickie Garnet  
Lisa Chillemi  
Virginia Street  
Dawn Allison  
Tavie Glassmire  
Mitzi Lancaster  
Kerry Arrington  
Sandi Angles  
Mary Lyall  
Deborah Jones  
Angela Sullivan  
Linda Chappell  
Diane Besorak  
Diane Dawson  
Sandy Hollenbaugh



Did you hear? The GFUSBC had a couple of Bowlers place in the 19<sup>th</sup> Annual Virginia Mixed Handicap Tournament.

**Larry Roath** and **Larry Shoemaker** placed in the Men's Singles Handicap. **Larry Roath** also made a couple of bucks in the All Events Handicap.



# From the youth Bowlers



## Individual Season High Scores From AMF:

### Fred City Bumpers:


	<u>Boys:</u>		<u>Girls:</u>	
<b>Scratch Game:</b>	Devon Overend	112	Paige Effinger	102
	Kirby Portillo	106	Kimmie Colvin	100
	Zachary Biggs	96	Kayla Overend	92
<b>Scratch Series:</b>	Kirby Portillo	207	Paige Effinger	189
	Devon Overend	206	Kimmie Colvin	180
	Zachary Biggs	179	Kayla Overend	176
<b>Handicap Game:</b>	Kirby Portillo	189	Kimmie Colvin	182
	Zachary Biggs	176	Kayla Overend	176
	Devon Overend	174	Paige Effinger	163
<b>Handicap Series:</b>	Kirby Portillo	373	Kayla Overend	346
	Zachary Biggs	339	Kimmie Colvin	340
	Devon Overend	326	Paige Effinger	315

### Fred City Strikers I

<b>Scratch Game:</b>	Sean McElheny	93	Hannah Arnold	149
			Desiree Johnson	148
			Rachel Arnold	147
<b>Scratch Series:</b>	Sean McElheny	218	Hannah Arnold	387
			Desiree Johnson	382
			Rachel Arnold	345
<b>Handicap Game:</b>	Sean McElheny	198	Ariel Goldsmith	237
			Rachel Arnold	236
			Hannah Arnold	229
<b>Handicap Series:</b>	Sean McElheny	539	Hannah Arnold	645
			Desiree Johnson	622
			Rachel Arnold	612

### Fred City Strikers II

<b>Scratch Game:</b>	Nick Biggs	267	Candice Foster	223
	Jeremy Fines	260	Vicki Peterson	185
	Robert McElheny	234	Colleen Habib	163
<b>Scratch Series:</b>	Jeremy Fines	660	Candice Foster	544
	Nick Biggs	648	Vicki Peterson	498
	Robert McElheny	557	Erica VanZant	404
<b>Handicap Game:</b>	Nick Biggs	297	Candice Foster	298
	Robert McElheny	296	Vicki Peterson	257
	Jeremy Fines	291	Erica VanZant	252
<b>Handicap Series:</b>	Tim Schlang	772	Candice Foster	769
	Jeremy Fines	762	Erica VanZant	710
	Robert McElheny	744	Vicki Peterson	677



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# From the youth Bowlers Liberty Massaponax Youth



Congratulations to the following area youth bowlers who competed in the VA State Annual High school Tournament. The bowlers won a combined \$1,455 in scholarship money!

- 3<sup>rd</sup> Place: \$170 Justin McDonald  
Bill Symanowski  
Jonathan McDonald
- 4<sup>th</sup> Place: \$110 Vikki Stoudt  
Corey Chatham  
Timothy Schlang
- 8<sup>th</sup> Place: \$60 Travis Payne  
John Helinski  
Allen Chambers
- 9<sup>th</sup> Place: \$60 Westley Campbell  
Matt Moden  
Daniel Yeagley
- 13<sup>th</sup> Place: \$45 CJ Proctor  
Chris Brummond  
Tom Brady
- 14<sup>th</sup> Place: \$40 Kristina Morris  
DJ Godinez  
Brittany Robinson

## Saturday Youth Legends Adult Youth Tournament

The tournament was held on March 31<sup>st</sup> and proved to be a big success. With almost 160 participants, the fundraising efforts for this tournament yielded \$ 1,356.00 for the youth's heading to the Nationals in Buffalo, NY in July.

- The winners were:
- 1<sup>st</sup> Place: Timothy Schlang & Bill Schlang
  - 2<sup>nd</sup> Place: Riley Schroeder & Paul Rumbaugh
  - 3<sup>rd</sup> Place: CJ Proctor & Corey Proctor

**Congratulations to CJ Proctor who was the only youth to shoot a No-Tap 300 game and he did it twice - rolling an astonishing 862 series!**



## Youth National Trip to Buffalo – Update

The parents and children have been working really hard to meet our goal of going to the Nationals. As of March 31<sup>st</sup>, the Saturday Youth Legends has raised almost \$ 6,000 towards Buffalo. We are still \$ 4000 from obtaining our goal but are very confident we will reach it. If you are interested in donating or know of a business which would be willing to sponsor, please call Brenda Chambers at 540-226-3554 or 540-710-9804.

Did you ever feel you were letting your teammates down and wanted to say something that would, at least, make you feel better? Bryan Vandanna did and wrote the following apology. Read on!!!!

To my brothers and sisters of the Stafford Printing Bowling Team.

I must apologize to you for our recent downturn in the standings of the Tuesday Night Merchant's Mixed League. For the last three weeks we have dropped from 4<sup>th</sup> place to 11<sup>th</sup> and it is all my fault. I finally figured out what was wrong with our team. I offended the bowling gods with my disrespect of the laws of superstition. I failed to wear my lucky black shirt the last three weeks of tournament play thus breaking our winning streak. I disregarded a fundamental truth when it comes to bowlers luck...don't f--- with what works. It was a total lack of faith on my part. I deliberately wore other more "warm" and "cozy" sweaters because I thought I could bowl well and we could win without my lucky shirt. I also thought I could pick up chicks because they favor sweaters on men. How vain and selfish of me! I was afraid people would get tired of seeing me in the same shirt every week...but I should have remembered that Dave wears the same shirt or two every week anyway. Not only did we lose games but I bowled like sh-t! I also failed to pick up a single chick the past three weeks, however I did get some unwanted attention. This totally sucks.

In addition to the public apology, I took the necessary steps of repentance by conducting a few animal sacrifices this weekend. I also took the example of music legend Ozzie Osborne who, when he was in a musical slump, bit the head off of a live bat on stage to appease the music gods. I did that same thing in front of my three small children to their horror and dismay. It wasn't too bad though...bat tastes like chicken. My ex has filed papers taking me to court for what she calls "unusual" and "extreme" conduct in front of our kids but what the hell does she know? She isn't a league bowler. I also brought my black shirt and promise not to show up again the rest of this season without it. I can only hope that my genuine show of remorse will cause the bowling gods to forgive me and look favorably upon our team once again.

Thanks in advance for your forgiveness and understanding.

Bryan Vandanna

## Greater Fredericksburg

### USBC Board

<b>President</b>	Bobby Phillips (540) 582-6362
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Lou Massaro	(540) 854-0651

#### Youth Committee

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David Brady	(540) 898-1745
Jeremy Fines	(540) 786-9607
Bryan Vandanna	(540) 786-2675

**Newsletter Editor** Larry Roath  
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**Assistant Editor** Peggy Roath

**Phyllis Massaro** gets our special thanks for running brackets at AMF and Liberty to help the Ways and Means Committee raise money for our Association and Chairing our Strategic Planning Committee. We really appreciate her involvement.

**The GFUSBC gets support from several members of the association but more volunteers are needed. We need help with tournaments, BVL collections, newsletters, Ways and Means, brackets and many other current and developing responsibilities. If you can step forward and lend a hand, please let any Board member know.**

As newsletter editor, I am always looking for stories of unusual bowling stories or scores from league secretaries or bowlers.

Items like:

*Triplicate scores by an individual or team.*

*First ever 300, 400, 500, etc. series*

*Career high games. (Not honor scores, since we already capture these events)*

*Humorous or unusual bowling stories from the bowlers themselves about a recent or past event.*

I hope some of you can help me out with this endeavor. My name and contact information are listed to the left of this page.

Larry Roath – Lanes & Frames Editor

*How about a newsletter ad? We reach lots of bowlers.*

*Business Card size \$15  
Quarter page \$25*

**A special thanks to all the volunteers** that helped me distribute and retrieve newsletters. Their help is very valuable to myself (Larry Roath, Editor) and the GSUSBC. **They are Inge Carpenski, Peggy Roath, Jackie McDonald, Jeff Smith, Shelly Lechliter, Sarah Harmon and Brittany Cole.**

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