



Lanes & Frames

Your GFUSBC Newsletter

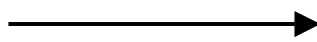


www.gfusbc.org

If you haven't done it yet, get going!!!
Enter the

★ GFUSBC 3RD ANNUAL OPEN CHAMPIONSHIP ★

Liberty Center – Stafford



March 1st & 2nd

Entries close for this **SUPER FUN** Tournament on February 18th. Enter the four-person team event and/or doubles and singles. There is plenty of handicap (90% of 240 minus your average). **ANYONE WHO BOWLS HAS A GREAT CHANCE TO TAKE HOME A PRIZE** 🏆 In fact there is an extra \$750 in the pot. The last two tournaments have produced first time winners.

Scratch & Handicap Brackets



Bowling Ball Raffle

50/50 Raffles

Entry forms are available at your Bowling Center and on line

I have never bowled in a tournament before!

What chance do I have?

I'm not even close to good enough to win anything!

Many bowlers have some fear of bowling in tournaments and truth is, no matter your skill level, you can't win all the time. But if you don't enter you can't win any of the time. It is fun to get in a competition with your bowling friends. You have, in a sense, joined one of the shortest leagues available and how you place is decided when the tournament is over. There is an excitement about waiting to see if your score stands up against all the other entries. Handicap is in place to make the playing field very even. Ask these bowlers.

Jim Faircloth. First tournament entry was in the 2006 Senior Tournament. Won 1st in Men's Singles, 65 and older.

Barbara Brookman. First time entry in the 3rd Annual Senior Tournament. 1st in Womens Singles & All Events, Women 55 to 64.

Shauna Bailey. First tournament entry was in this years 3rd Annual Women's Championship. 1st in Women's Singles and 3rd in Women's All Events, Division II. For more on this story see page 3.

Meet the GFUSBC Board of Directors.

FROM YOUR NEW ASSOCIATION MANAGER

Robert "Skip" Frey



Hello, my name is Skip Frey and it is an honored to have been selected by the Greater Fredericksburg USBC Board of Directors to be your new local Association Manager.

I was born in Williamsport, PA, but spent most of my youth in Hawaii and then in Northern Virginia, where I graduated from West Springfield High School. It was in Springfield, VA where I first started to bowl in youth leagues at the old Springfield Fair Lanes.

After high school I attended Bradley University in Peoria, IL. At Bradley I earned a B.S. in Business Administration with a major in accounting. While in college I continued to bowl in various student recreational leagues and on the University bowling team for one year.

After college I returned to Northern Virginia and began a 28-year career in Federal Service. For most of my career I was involved in criminal investigative/auditing activities -- retiring as the U.S. House of Representatives Deputy Inspector General. I have lived in the Fredericksburg area since 1974, first at Lake of the Woods in Orange County and then in Spotsylvania County where I still reside with my wife Pam.

In retirement I have kept active through volunteer activities, working at Liberty Lanes as their league coordinator, playing golf, and, of course, bowling. I'm currently in four winter leagues in the three Fredericksburg/Stafford bowling centers, of which I'm the secretary-treasurer in two. Although I'm not a very accomplished bowler, I truly enjoy the sport and was a youth coach at the old Princess Anne bowling center in Fredericksburg for several years while my kids were growing up.

I look forward to working with the membership and your Board of Directors to continue to make league bowling an enjoyable experience for all and explore new ways to encourage our bowlers to get out and participate in our local tournaments.

Good luck and high scores!

Skip Frey

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Doug Richey bowls 245, 245, and 246 for a 736 set. His first 700.

Oops we missed one. In Nov. 2007, Diane Godinez rolled 100 pins over average with a 289.

Ed Beale was also 100 pins over average with a 278

2008 Association Tournament Results

Greater Fredericksburg USBC Women Bowlers competed for cash prizes in the 3rd Annual Women's Championship Tournament held at the AMF Center in January. The bowling was exciting and there were surprises. Congratulations to all the competitors. The following is a list of teams and individuals who took home cash awards and trophies.

Team, Division 1

1. Godinez
2. Fearsome Foursome
3. Saucy Ladies

Team, Division II

1. Hand
2. Shudaben
3. Leffler
4. Wright
5. Bowls for Fun

Doubles, Division 1

1. Cynthia Spitler & Cindi O'Neill
2. Connie Gourdine & Mary Lyall
3. Vikki White & Benda Chambers
4. Elizabeth Lisk-Charlwood & Lisa Marlowe
5. Deborah Jones & Angela Sullivan
6. Diane Godinez & Carolyn Reynolds
7. Annie Jones & Debra Selbe
8. Carrie Gift & Kelli Austin

Doubles, Division II

1. Kathanne Dibble & Pamela Stroudt
2. Pamela Melvin & Diane Dawson
3. Mary Melton-Priest & Mary Hand
4. Shauna Bailey & Sharon Ball
5. Jade Boling & Carmen Fierro
6. Jennifer Williamson & Wanda Andrews
7. Deborah Shoemaker & Vickie Garnett
8. Robin Swank & Pong Cobb
8. Elizabeth Buchanan & Janet Alexander

TOURNAMENT SURPRISE

Here is the story. We have another first time winner in our tournament. Shauna Bailey won Division II Singles in her first tournament. Word on the street was that she was filling in and had never bowled in a tournament before. Shauna didn't stop there bowling her way to third place in Division II All Events. She says she WILL be bowling in more tournaments. WAY TO GO.

Another good tidbit. Laura Byrd bowled 245 and earns 100 pins over average honors.

Singles, Division 1

1. Cindi O'Neill
2. Andrea Sharp
3. Mary Hand
4. Mary Lyall
5. Lisa Marlowe
6. Carolyn Reynolds
7. Ruth Blankenship
8. Marie Leffler
9. Terry Lucas
10. Brenda Chambers
11. Deborah Shoemaker
12. Linda Chappell
13. Michelle McDaniel
13. Patricia Orndorff
15. Billie Mitchem
15. Keisha Gourdine

Singles, Division II

1. Shauna Bailey
2. Diane Dawson
3. Connie Gourdine
4. Debra Roberts
5. Kathanne Dibble
6. Sylvia Chancellor
7. Pamela Stoudt
7. Jade Boling
9. Lucretia Hudson
10. Janet Alexander
11. Elizabeth Lisk-Charlwood
12. Cindy Rumbaugh
13. Barbara Brookman
14. Sharon Ball
14. Phyllis Gallahan

All Events, Division 1 Handicap

1. Mary Hand
2. Cindi O'Neill
3. Brenda Chambers

All Events, Division II, Handicap

1. Kathanne Dibble
2. Connie Gourdine
3. Shauna Bailey

All Events, Division 1, Scratch

1. Cindi O'Neill

All Events, Division II, Scratch

1. Connie Gourdine

This Issue's Stars

Robert McMillan 826
Barry Wallace 800

Mike Ware
Bob Resio
Keith Clark
Chris Farmer **Barry Wallace**
George Anders **Robert McMillan**

Dara Sewell
298 **299**
Jay Rollins **Tim Brown**

11 in a Row
Dick Hagaman
Ted Mims **Gary Long**
Brian Gallahan **Lottie Gorham** **Bill Young**
Josh Green **John Blanton**

The Bowlers Edge

Sport Bowling Tip: Start with benchmark ball

During practice, start with a ball that has a predictable reaction. Your "benchmark" ball will help you determine if you need a weaker or stronger piece of equipment. When you choose what ball to use, don't try to overpower the lane. Explore the entire lane during your warm-up session and determine where the friction is located. Allow the lane to help do the work. (From *bowl.com* and courtesy of *Kim Terrell, USBC Collegiate spokesperson and nine time professional champion*)

Coach Jon Kelly uses the analogy of hitting a nail with a hammer. "When all you do is focus on the head of a nail, your mind's eye will take the head of the hammer to the nail every time. As soon as we try to force the nail into the board, we miss it. If all we do is focus on the target, our mind's eye will take the arm swing through the target." (From *bowl.com* and courtesy of *USBC Bronze Coach Jon Kelly*)

Don't know if these two bowlers use The Bowlers Edge tips but **Terry Lucas** of the Morning Stars League rolled a **Triplicate 169** and in the Ladies Night Out League, **Jodie Brinn**, averaging 147, shot a 240 game.

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Great Memories in Bowling

Many of us have "GREAT MEMORIES" in bowling that stand out through the years. Here are a couple of those Memories:

On February 2, 2008, senior youth bowler Nick Biggs (185 average), rolled games of **256, 226, and 235** for a real nice **717 series!** Nick is a senior at Chancellor High School and bowls in the Saturday Youth Legends League at Liberty Lanes Massaponax. This is his first 700 series. Nick's previous high series was 698. **GREAT MEMORY**

Mary Hand, Secretary of the Sunday Guys & Dolls League, bowled her highest 600 set with a **672** including a high game of **268** on December 2, 2007. No Question that's really exciting but when she came back the next week and rolled a very nice **712 set (222, 234, and 256)**, her first ever 700, it became a **GREAT MEMORY**



What's happening with the Liberty of Stafford youth bowlers? Plenty, that's what. Check these scores just for January.

In the Senior ranks, boys and girls put together some very nice three game sets. Check these out!

Jamie Jones	650	Joshua Miles	609
Andrew Bacon	639	Kristina Morris	608
Jacob Spoon	639	Jeremy Crookston	568
Sean Crookston	637	Amanda DeMarre	524
Brian Radtke	635	Samanta Wallace	477

*****Junior bowler Zachary Williams stroked a nice 461.

It wasn't all about three game sets. There were some very nice individual games.

Senior Boys

Andrew Bacon	262	Jamie Jones	236 & 216
Joshua Myles	248	Sean Crookston	236
Jeremy Crookton	246	Daniel Draft	234
Brian Radke	243	Jacob Spoon	233
Austin Smith	242	Robert Garza	220

Senior Girls

Amanda DeMarre	213	Megan Deabler	195
Kristina Morris	213	Jocahbed McKinney	181

*****Junior boys Zachary Williams and Christopher Falcetti bowled 185 and 156 respectively.

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Youth News

Local Bowlers excel in Scratch Invitational Tournament

Every year our friends at the NCUSBCA host a scratch tournament for youth bowlers. There are three divisions for bowlers who must have an average of 150 and up. Competitors bowl several rounds until the field is cut to eight bowlers in each division. The finalists continue in match play format to determine the overall winner. Our association was represented very well again this year sending four bowlers in the **A** division, three in the **B** division and 19 in the **C** Division. Congratulations to all our bowlers for their accomplishments and especially the following:

Division A – 185 & Up
Sean Crookston, 4th Place

Division B – 165 to 184
Joshua Myles, 2nd Place

Division C – 150 to 164
Tom Brady, 1st Place
Cory Chatham, 5th Place

All our bowlers who competed in this tournament represented our association well.

Youth bowlers shoot first 600's

Since the last issue of Lanes & Frames the following youth bowlers rolled their first 600 series. **FINE BOWLING!!!!**

John Helinski, 607

Justin McDonald, 621

Tom Brady, 609

Joe Krehbiel, 603

Pepsi Qualifiers Round 2

In November and February youth bowlers compete in a tournament hosted by Pepsi-Cola. Boys and girls compete in separate divisions by age grouping and in handicap and/or scratch events. One in ten bowlers qualify based on scores bowled during league play. Pre-bowled or post-bowled game scores are not allowed.

Congratulations to the following bowlers who were second round qualifiers.

Liberty Massaponax

HANDICAP DIVISIONS

Boys 11 & under

Randy Lewis, Jr.
 Alex Zampardo
 Tommy Boggs

Girls 11 & Under

Kelly O'Neil
 Rachel Marlowe

Boys 12 & Older

Joe Krehbiel
 Cory Gray
 Matt Hager
 Jonathan McDonald
 Justin Mowry

Girls 12 & older

Brittany Robinson
 Chelsea Mills

Liberty Stafford

Eric Winklevoss
 Issac Vargas
 Michael Bache
 David Evens

Kierra Brigman
 Madison Eberhart

Robert King
 Joshua Falcetti
 Jamie Jones
 Taylor Demmare
 Andrew Slye
 Michael Vance
 Brian Radtkey
 Ryan Napp
 Wesley Downs
 Andrew Becon
 Joshua Myles

Bianca Cruz
 Samantha Wallace
 Ashley Hembry
 Britni White

Boys 12 and older scratch: Bill Symanowski from Liberty Massaponax

Boys 12 and older scratch: Sean Crookston from Liberty Stafford

Girls 12 and older scratch: Kristina Morris from Liberty Stafford

Additional Scores and Accomplishments

These kids did some great bowling. Bantam bowler **Andrew O'Neil** rolled **157**; **Michael Kozloff** shot a nice **146** game. **Junior bowlers, Rachel Marlowe and Taylor Carrington, shot their first 100 games ever!!! Cory Gray** (135 average) hit **203**, his first 200 game. Other scores we would like to acknowledge are **Bill Symawoski's** very nice **678 and 646 series**, **Corey Chatham's 623 series**, and **Brittany Robinson with 615 and 606 series**. Really fine bowling from these youths.

Greater Fredericksburg

USBC Board

President Paul Rumbaugh
(540) 657-6952

Vice-Pres. Ben Jones
(540) 373-9414
Brenda Chambers
(540) 710-9804
Terry Holloway
(540) 845-6289

Sgt. At Arms Phyllis Massaro
(540) 854-0651

Association Manager
Robert "Skip" Frey
(540) 372-7870

Directors

Larry Roath (540) 898-1403
DJ Johnson (540) 775-4207
Lou Massaro (540) 854-0651

Youth Committee

Richard Bergey XXX XXX-XXXX
Morris Antwine (540) 659-3740
David Brady (540) 898-1745
Tom Brady (540) 898-1745

Newsletter Editor Larry Roath
ldroath@comcast.net
Assistant Editor Peggy Roath
pwroath@comcast.net

The Fraternal Order of Eagles League heard that the Homeless Shelter Children's Christmas Gift Program was not getting all the help needed and they stepped up with contributions and gifts. Sixteen children and thankful parents had a much nicer Christmas because of the men and women of this league.



ROBERT McMILLAN, Proprietor

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How about a newsletter ad? We reach lots of bowlers and friends.

*Business Card size \$15
Quarter page \$25*

USBC Tournaments

20th Annual Virginia State Mixed Handicap Tournament
Charlottesville, Va., February 2-3, 9-10 & 16-17

Youth Tournament at Liberty Massaponax
Feb 16th & 17th, 2008

Open Championship at Liberty Stafford
March 1st & 2nd, 2008

VA St. USBC WBA 51st Annual Championship Tournament
Winchester and Martinsburg, March, April, May

VA St. USBC 56th Annual Handicap Tournament
Roanoke and Vinton, April, May and June

I am always looking for unusual bowling stories or scores from league secretaries or bowlers.

Items like:

Triplicate scores by an individual or team.

First ever 300, 400, 500, etc. series

Career high games. (Not honor score since we already capture these events)

Humorous or unusual bowling stories from the bowlers themselves about a recent or past event.

I hope some of you can help me out with this endeavor. My name and contact information are listed above.

Larry Roath - Lanes & Frames Editor



(540) 899-1970



Saturday Youth Legends

Inaugural Golf Tournament

**To Benefit
Youth Bowlers Attending
National Tournament in Detroit, MI.**

Friday, April 18, 2008

1:00 PM Shotgun Start

(Sign-ups begin at 11:30)

Lee's Hill Golf Club

\$75 per Golfer

Captain's Choice Format

Fee includes: Range Balls, Lunch, & Dinner

Corporate or Personal Hole Sponsorship Only: \$100.00

Detach Here

Inaugural Saturday Youth Legends Golf Tournament

ADVANCED REGISTRATION IS REQUESTED -

Make checks payable to: **Saturday Youth Legends**

For Information please contact David Brady (H) 898-1745 (C) 540-379-6192 (Email:PGFD075@yahoo.com)

Brenda Chambers: 540-226-3554 or Randy Lewis: 540-446-8142

Captain (or individual) _____ Phone: _____

Address: _____ Email: _____

Team Members: _____ Hole Sponsorship: Yes _____ No _____

1. _____ Corporate Hole Sponsorship Sign to Read: _____

2. _____ _____

3. _____ _____

Total Amount Enclosed: _____

Detach and Mail or Deliver Registration Form and Payment to:

Saturday Youth Legends

C/O David Brady

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