



Lanes & Frames

Your GFUSBC

Newsletter

www.gfusbca.org

Welcome to the 2006-07 bowling season! Be sure to make plans for your association tournaments. Get your teams together now! It's fun and a great way to meet bowlers from other leagues. Check these out.

Tournaments

Senior Tournament -----November 18th and 19th, 2006 @ AMF Fredericksburg
Entry forms will be available in the bowling centers very soon.

Women's Championship -----January 6th / 7th and 13th / 14th, 2007 @ Liberty Lanes (Stafford)

Open Championship ----- March 3rd / 4th and 10th / 11th, 2007 @ Liberty Lanes (Massaponax)

Youth Championship ----- April 2007 @ AMF Fredericksburg – Dates to be Determined

Last Chance Tournament ----- (Under construction). A tournament for teams who placed last in their leagues.

Visit the GFUSBC Website for 2005-06 book averages at www.gfusbca.org

NEED BOWLING EQUIPMENT FOR THE SEASON OR TOURNAMENTS: HOW ABOUT THIS?

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Greetings fellow bowlers!!



I would like to take this opportunity to introduce myself and tell you a little bit about me. My Name is Bennett L. Jones, Jr. Most people call me Ben. I am your newly elected Vice President and Lane Representative for AMF Fredericksburg.

I was born in Jacksonville, Florida in 1944. I have been in Fredericksburg since 1946 where I went to Maury Elementary School and graduated in 1963 from James Monroe High School. I am a Life Member of The Stafford Jaycees, having joined the organization in 1977 where I held the office of chairman of the Board, President, Vice President, Director (twice) and Assistant to the District Director. I am also a Life Member of the Virginia Jaycees.

I am a resident of Stafford County and have been for the last 25 years. I have been employed since 1971 by The Naval Surface Warfare Center in Dahlgren, Virginia having started out as a Mechanical Engineering Draftsman, then Mechanical Engineering Technician and am currently a buyer for the Federal Government. (No I don't buy \$300 hammers.)

I began bowling in 1965 and since then have been captain of various teams throughout those many years. I am team captain of DKS, Inc which bowls on Tuesday nights in the Rappahannock Men's League and President of the Friday Nite Early Mixed League at AMF Fredericksburg.

The GFUSBC is a new and upcoming organization. Anytime you are new there are the usual growing pains. Folks, your, and it is YOUR, organization needs YOU!!!! If you have any questions or ideas about your association, please feel free to contact me. If I don't have an answer for you, then I will certainly do everything I can in order to find the answer. I can be reached at 373-9414. Good luck with your bowling this year and may each and everyone of you set a new personal record.

Keep Rollin'

Ben
Vice President GFUSBC



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Association Members have been putting up some good scores in
tournaments and league play

The Dutchman Bolony Tournament

Lets talk about some fine bowling by our association members. A few of our men went to The Dutchman Bolony Bowling Tournament in Pennsylvania hoping to win a ring of boloney but did a whole lot better. In the team handicap division (each team bowled a four game block), **the GFUSBC #2 team of Jeff Fink (847), Larry Crawford (917), Terry Holloway (858), Steve Gauger (984 with a 300 game) and Mike Ware (856) won first place.** Their team handicap total was 4638. NICE GOING.

The GFUSBC #1 team came in 11th. Other bowlers to place were **Pete Gunn, Bill Carrington, Adrian Carrington and D.J.Johnson.** D. J. also rolled a 300 game and was a big winner in special events. Way to knock the pins down ladies and gentlemen.

The Williamsburg Mixed Tournament

We usually don't cover the tournaments in Williamsburg but we have to tell you how **Kathy White** performed in the doubles event. Kathy stroked games of 212, 224 and 298 for a 734 set. WOW. Husband Larry had trouble keeping up but liked what he saw. They placed high in the event.

The youth have been scoring well themselves. Congratulations go out to the following youth bowlers who advanced to the Virginia State Pepsi Cola finals:

From the Saturday Youth Legends League at Liberty Lanes:

Girls 12 and Over with Handicap	Brittany Flood
Boys 12 and Over with Handicap	C.J. Proctor

From the Home School League at AMF Fredericksburg:

Girls 12 and Over with Handicap	Juli Krein
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Final Results of the Pepsi Cola state finals are:

Boys 12 and Over with Handicap	CJ Proctor	11th Place
Girls 12 and Over with Handicap	Brittany Flood	9th Place

Another congratulations goes to **Tom Brady** on The Saturday Youth Legends League. Tom, attended the Virginia Commonwealth Games in Christiansburg on July 15th and 16th and bowled a great game of 228 with a 114 average.

Here is a roundup of Youth Bowling Tournaments for your calendars.

1st Round of the Pepsi Cola Qualifying -----Held locally in October 2006

2nd Round of the Pepsi Cola Qualifying-----Held locally in March 2007

High School Tournament-----Held at Bowl America, Midlothian in February 2007

Pepsi Cola District Qualifying -----April 2007

GFUSBCA Youth City Tournament-----April 2007 at Liberty (Stafford)

Pepsi Cola State Qualifying-----Held at Bowl America, Midlothian in May 2007

Youth State Tournament-----Held in Richmond, June 2007

Youth Nationals in Buffalo-----July 13 - 21st, 2007 in New York

I am sure there were many fine scores over the summer but here are two I was made aware of and need mentioning. **Amy Eley** who bowls on the Tuesday Summer Mixed @ Liberty Center Massaponax and has a 102 average **converted the 7-10** split. How many of us have done that? Also, **Ted Wilhelm** began with a spare but boy did he finish well with eleven strikes in a row for a 290. This was Ted's first time in league play for this honor. Ted admits to shaky knees on the last ball. Nice going!

2006 VA State USBC WBA

Local bowlers to cash

Team, Div 3 (619-560), Handicapped

Apple Dumplin Gang
Bowling Friends 3
Freedom Rollers
Betty's Gang

Team, Div 4 (559-Down), Handicapped

Fredericksburg Rolling Along B

Doubles, Div 1 (340-Up), Handicapped

Cheryl L Comfort / Dianne Pauza

Doubles, Div 2 (339-310), Handicapped

Debbie S Brown, / Lisa M Marlowe
Sheila A Johnson / Connie L Walsh

Doubles, Div 3 (309-280), Handicapped

Phyllis J Gallahan / Rebecca P Daniel
Nancy W Thomas / Ronna G Rossi
Wanda J Mills / Nancy B Crawford

Singles, Div 1 (170-Up), Handicapped

Kimberleigh N Black
Beverly Furlong

Singles, Div 2 (169-155), Handicapped

Rachelanne Pixley
Brenda H Almazan
Forred June H
Brown Debbie S
Marcella M Focht

Singles, Div 3 (154-140), Handicapped

Lynn M Speight
Rebecca P Daniel
Kimberly Pierpoint
Jacqueline L Mcdonald
Tracey E Armstead
Irene M Voide

Singles, Div 4 (139-Down), Handicapped

Laura J Harman
Violet O Benson
Kathryn Beer

All Events, Div 1 (170 & Up), Handicapped

Kimberleigh N Black

All Events, Div 2 (169-155), Handicapped

Debbie S Brown
Sandi M Angles
Rachelanne Pixley
June H Forred
Brenda H Almazan

All Events, Div 3 (154-140), Handicapped

Rebecca P Daniel
Sheila A Johnson

2006 VA State USBC BA Open

Local bowlers to cash

Doubles, Handicapped

William A Arnold / Kareem A Gourdine
Leonard I Sowell / Robert A Howard
Michael W Johnson / Wayne E Farrell
Anthony V White / Clarence S Preston
Mu Chon / Jason E Zitzelberger
Robert W Ackley / Glenn P Conklin
Ralph E Beck, Jr / Larry D Roath
Richard A Hailstalk / Bernard Livingston
Martin W Jones, Jr / Marcus B Curtis
Christine L Johnson / Phillip W Elrod
Earl B Ware / Pete Gunn
Christopher L Farmer / Robert N Akers

Singles, Handicapped

Eric S Briggs
Wesley L Washington
Sam G Pitner
Mark B Gallahan
Eric M Brown
Jason E Zitzelberger
Anthony L King
Phillip W Elrod
Steve H Gauger
John R Nestor
Kevin L Crawford
Jefferson J Farmer
Earl B Ware
Andre' D Preston
Martin W, Jr Jones
Glenn P Conklin
Ralph E Beck, Jr
Franklin J Kemp, III
William A Arnold

All Events, Handicapped

Marvin W Jones, Jr
Jason E Zitzelberger
Phillip W Elrod
Glenn P Conklin
Anthony V White
Mark B Gallahan
Eric S Briggs
Ralph E Beck, Jr
Steve H Gauger

Doubles, Scratch

Ralph E Beck, Jr / Larry D Roath
Steve H Gauger / Jerry L Goodman

Singles, Scratch

Steve H Gauger
Kevin L Crawford

All Events, Scratch

Steve H Gauger

From the Association Manager...

Our first twelve months as a fully merged USBC association proved to be both interesting and demanding for the entire Board of Directors. As a newly formed association, we basically started from scratch with programs and services. While we may not have completed some of our goals within the time frame we would have wished, I believe the Board has done an excellent job in representing the total members of the association. A budget was established based on estimated income and expenditures, all centers were fully certified by GFUSBC lane inspectors and we held three required tournaments (Open, Women's and Youth) plus one optional tournament (Senior). We also established an awards program and criteria, published four issues of the GFUSBC Newsletter *Lanes and Frames*, distributed informational flyers and held our first annual league officer workshop – all within budget. We are currently in the process of completing our USBC required self-assessment. In addition, one delegate and one alternate were sent to the National Convention to represent the Fredericksburg area members. This marked the first time the Fredericksburg area was able to send representatives to the National Convention.

Going into our second year, the pace will not be any slower as we strive to achieve the establishment of additional programs and services. The President has mandated the formation of several new committees.

Strategic Planning – This committee has been formed and will have the responsibility of developing our operating principles, mission statement, an action plan and review and accounting procedures. In essence, the committee will develop the association's roadmap to the future.

Hall of Fame – This committee has been established and will develop our Hall of Fame criteria for nomination. The Hall of Fame is not expected to be fully operational for nominations until the third year.

Outside Tournament & Event Bids – A committee to look into bringing outside tournaments to our area. Possibilities would be the Virginia State USBC BA Open Tournament, the Virginia State USBC WBA Championship, the Virginia State USBC Youth Tournament and others.

Membership Dues

A new dues system will be in effect for the winter leagues and reflects a USBC increase from \$8.00 dollars to the \$10.00 dollar maximum. In addition, both VSWBA and VSBA will now charge the \$1.00 dollar maximum allowed under USBC bylaws. USBC Youth dues increased national dues from \$8.50 to \$9.50 and VA State Youth increase from \$.25 to \$.50.

<u>ADULT DUES</u>		<u>YOUTH DUES</u>	
USBC Membership	\$10	USBC	\$ 9.50
GFUSBC Local Membership	\$ 7	GFUSBC Local Membership	\$ 3.25
VS USBC WBA	\$ 1 – Women Only	<u>VA State Youth</u>	<u>\$.50</u>
<u>VS USBC BA</u>	<u>\$ 1 - Men and Women</u>	Total Youth Dues	\$13.25
Total Dues for Men	\$18		
Total Dues for Women	\$18 with <u>one</u> State only OR \$19 with Both (State WBA and State BA)		

Women have a choice of State Association! With the chartering of both Virginia State Associations (BA and WBA), women get a choice of state membership. Since the State BA Association services both men and women; the state associations are in competition for the women's membership dollar. Women may choose either for the additional cost of membership. Your selection of which State Association you want directly effects which state tournaments you may participate in and any state awards program you are eligible for. Both associations hold Championship tournaments fro their members. However, the Virginia State USBC WBA is currently the only State Association that has an awards program.

It is extremely important for each woman to mark their membership application with their choice of associations. Your membership application cannot be processed without a State Association identified.

Annual Meeting

The second GFUSBC Annual Meeting will be held April 28, 2007. Mark your calendars. Time and location will be announced later. Your attendance is important- without a quorum, we cannot conduct business and must reschedule the meeting.

I hope your season is a great one with high scores and personal bests!

See you on the lanes.

Deborah Johnson

Greater Fredericksburg

USBCA Board

President Bobby Phillips
(540) 582-6362

Vice-Pres. Ben Jones
(540) 373-9414
Brenda Chambers
(540) 710-9804
Terry Holloway
(540) 845-6289

Sgt. At Arms Clare Painter
(540) 663-3236

Association Manager

Deborah Johnson
(540) 775-4207

Directors

Larry Roath (540) 898-1403
DJ Johnson (540) 775-4207
Lou Massaro (540) 854-0651
Courtney Tripp (y) (540) 582-8325

(y) youth director

The following USBC High Score awards will not be offered if rolled in **unopposed** pre- or post-bowled sessions:

- 11 strikes in a row
- 298, 299 and 300 games
- 800-900 three-game series
- National high series
- National team high game
- National team high series
- Baker 300 game
- Merit awards

USBC will continue to recognize several accomplishments performed in unopposed pre- or post-bowling sessions with its line of "Special Achievement" awards, including game and series honors not in the High Score category. High Score awards will still be issued to teams that pre- or post-bowl their head-to-head matches.

The Greater Fredericksburg USBC Board voted unanimously to support this USBC rule change.

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GFUSBC Supports New Honor Score Rule

The United States Bowling Congress will no longer issue High Score awards for scores rolled during unopposed bowling sessions before or after regularly scheduled league times. The USBC Board of Directors has adopted the interim rule change, which takes effect immediately and will be enforced for the **2006-07 season**.

The objective of this rule change is to protect the credibility of the sport and the USBC awards program."

And on the lighter side.....

Whoa, that might call for a “bleep” on the family show!!!!!!

Here's a story out of the past from one of our Lake of the Woods bowlers. She has a friend Patti who was a biology professor and bowled in a mixed duckpin league. Like most bowlers, Patti and her buddies needed a name for their team. Seeing that the league was made up of close friends and acquaintances it was ok to take a few liberties with the name they would chose. What could it hurt? While trying to get the perfect title, someone noticed that the men threw their duckpin balls with much more ferocity than the ladies. Well you might have guessed but the team name became “**Manly Balls**” much to the glee of themselves and their friends. But the plot thickens.

As it happened, Patti became a contestant on Jeopardy and Alex Trebec, as he always has, questioned the contestants. He asked Patti to talk about her “redneck” sport and then, of course, ask her the name of the team. Now the glee was gone and the funny name, which she embarrassingly divulged, didn't seem so cute much less dispel the redneck image.

Editor note: Being bowlers, I bet they like the name more than ever.

[Looking for Bowling help? The following are excerpts From a Bowl.com article.](#)

USBC coaches launch instructional bowling Web site

By [Patrick Brettingen](#)
USBC Communications

Bowling lessons are now as close as a personal computer thanks to a new Web site created by three top United States Bowling Congress certified coaches.

[MyBowlingCoach.com](#) is a Web-based, personalized coaching program offering 24 hours-a-day, seven-days-a-week access to world-class bowling instruction from leading USBC coaches and top professional and amateur bowlers. From any computer with broadband Internet access, bowlers can watch streaming instructional videos, print out personalized lesson plans, take interactive quizzes and more.

In cooperation with USBC, the innovative site was created and launched by three of the world's most respected bowling coaches, USBC-certified Gold level coaches Jeri Edwards, Fred Borden and Ron Hatfield.

Subscribers to MyBowlingCoach.com pay a \$49.95 annual membership fee and have access to video and audio instructional lessons categorized in three different ability levels (novice, skilled and elite) based on bowling average. Each lesson comes with a printable checklist and summary that bowlers can print and bring with them to the bowling center as a reference. Audio lessons can be downloaded onto an iPod. Lesson content is planned to change weekly.

In addition to Edwards, Borden and Hatfield, USBC Sport Bowling spokesperson and top professional bowler Chris Barnes currently is featured in the online lessons. Other top coaches and amateur and professional bowlers expected to be added to the online teaching lineup include: USBC Youth spokesperson, nine-time USBC Team USA member and 2006 U.S. Amateur champion Diandra Asbaty; former professional bowler Anne Marie Duggan; and top amateur bowler Bill Hoffman.

The idea behind MyBowlingCoach.com is to supplement traditional on-lanes coaching from USBC-certified coaches who can be located via the “Find a Coach” option on the Coaching section of bowl.com, USBC's official Web site.

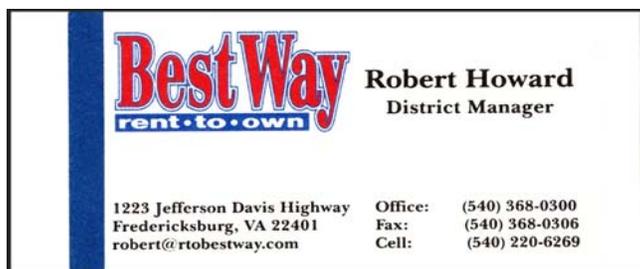
“We want to give people the opportunity to get better and to encourage different ways to improve,” Edwards said. “Our Web site is not the only piece of the puzzle; it's the one that we haven't had. This is the start but certainly not the end.”

See the full article on Bowl.com or visit MybowlingCoach.com

The Bowlers Edge – Leaving the 10 pin (7 pin for lefties) over and over. Try moving forward or back in your stance 6 inches or more. Do not change your mark, speed of delivery or release. This often helps me get rid of that pesky corner pin.

Submitted by: Larry Roath

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AMF FREDERICKSBURG

AUTOMATIC SCORING FUNCTIONS

ERASE ENTIRE FRAME (Bowler bowled out of turn)

Current frames must be completed before changes are made (both sides)

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **ERASE FRAME**
- Move cursor to correct frame
- Press **ENTER**

BLIND - INPUT & REMOVE

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **BOWLER NAME**
- Move cursor to correct bowler
- Press **BLIND** key
- Press **ENTER**

HANDICAP - Change

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **BOWLER HANDICAP** key
- Position cursor with arrow keys to the handicap that needs changing
- Erase current Handicap (use <-- Erase key)
- Type in correct Handicap
- Press **ENTER**

RE-RACK PINS

- **Select correct Lane (LEFT or RIGHT lane)**
 - Press **RE-RACK** key on scoreboard
- ** Use the re-rack button on the ball rack if the 2nd ball has been delivered and the rack did not recycle for the next bowler**

SCORE CHANGES

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **CHANGE SCORE**
- Use arrow keys to position cursor to correct bowler
- Use arrow keys to position cursor on correct frame
- Type in correct pins OR Press **STRIKE** or **SPARE** keys

SKIP BOWLER

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **SELECT BOWLER**
- Press bowler # on keypad
- Press **ENTER**

SUB - Input WITHOUT AMF ID

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **BOWLER NAME**
- Move cursor to bowler to be replaced
- Press **ERASE NAME** key
- Type in *Sub's name*
- Press **BOWLER HANDICAP** key
- Erase current Handicap (use <-- Erase key)
- Enter correct Handicap
- Press **ENTER**

SUB - Input WITH AMF ID

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **BOWLER NAME**
- Position cursor to correct bowler
- Press **ERASE NAME** key
- Key in **AMF ID #**
- Press **TEAM NAME** key
- Press **ERASE NAME** key
- Key **111X**
- Press **ENTER** (check Hcp and correct if necessary)

UNOPPOSED TEAM - Erase Absent Team

- **Select correct Lane (LEFT or RIGHT lane)**
- Press **TEAM NAME**
- Press **ERASE NAME**
- Key in **333X**
- Press **ENTER**

VACANCY - INPUT

- **Select correct Lane (LEFT or RIGHT lane)**
 - Press **BOWLER NAME**
 - Move cursor to correct bowler position
 - Press **ERASE NAME** key
 - Type in **VACANCY**
 - Press **ENTER**
- ** Cursor will jump to Average block **
- Type in *Vacancy Score*

NOTES

- * The scoreboard functions are divided into two sections
 - Team issues (Blinds, Subs, Teams, etc)
 - Scoring issues (Change score, Re-rack, etc.)
- * To Process changes, you must be on the lane side the bowler's name is listed on.
- * You cannot process any type of change while the RED BAR is on the person you wish to change.